

Human Needs Statements - *Match them to Maslow's Hierarchy of Needs:*

I am healthy enough to live, breathe and sleep

I have enough food to eat

I have clothing and shelter

I feel safe and secure, protected from harm

My life has routine and structure- chaos is rare

I have somewhere to live

I am not in trouble with the law

I am part of a family that loves me

I have good relationships with friends

Human Needs Statements - *Match them to Maslow's Hierarchy of Needs:*

I am accepted for who I am

I am recognized by others for being successful

I am satisfied with my role in life and my level
of self-esteem

I am successful at home, at work and/or in
school

My goal is enlightenment

I want to meet my highest potential in life

I am using my unique strengths for a
meaningful purpose