## Which family planning method is the most healthy for you?

Give 1 point for poor, 2 points for satisfactory, or 3 points for good. Total the points at bottom of page.

Rate these:	Condom	ВСР	IUD	NFP	Sterilization
Completely Safe					
Effective					
No Side effects					
Obtainable					
Affordable					
Acceptable					
Future pregnancy					