**Discuss these definitions and share some examples:**

Ethnic Identification of large groups of people by common traits or customs.

Culture Shared customs, norms, beliefs and practices of a particular group of people

Race A category of humans that shares certain distinctive physical traits, or belong to the same family, or tribe

Cultural values An individual's desirable or preferred way of acting or knowing

Ethnocentrism Thinking that one's own way is the best when viewing the world

Culture care Help, support, and other caring behaviors toward self and others that are culturally correct

**Draw a line** between the cultures and the beliefs or behaviors that match them. But remember that they vary within each culture. *Do not stereotype people.*

German or Russian a) Believe prayer time shouldn’t be interrupted

Mexican American b) Expressive and vocal about pain

Arab (Muslim) c) Believe harm comes from speaking and staring at an infant

African American d) Stoic and accepting of pain

Jewish or Italian e) Believe “soul food” helps them get well

Answers: German or Russian (d). Mexican American (c), Arab (a), African American (e), Jewish or Italian (b)