Mark the ways your culture shows caring. Share your list with someone else. Do the care meanings of people differ, even if they are in the same culture?

* Adapting to/accommodating others
* Being nonassertive/enabling or dependent
* Being on time/organized
* Being kind/pleasant/cooperative
* Being watchful/protective
* Cleanliness/care of home environment
* Comforting/decreasing suffering/direct help to others (hands on care)
* Commitment/being responsible
* Community awareness
* Connectedness/involvement with others
* Controlling/firm
* Creative expression, like art or music
* Eating the right foods/folk practices and cultural foods
* Emotional support/decreasing stress/listening/being with
* Expressing feelings/coping
* Eye contact
* Faith/prayer
* Family love and support/nurturing
* Generosity (giving to others)/sharing
* Gentleness /quietness
* Harmony/spiritual healing/wholeness
* Honoring/respecting/obedience/obligation
* Promoting independence/self-reliance
* Sacrificing/suffering
* Saving face
* Sensitivity to needs of others/hospitality
* Taking action/being busy/working hard
* Technology and technical skills
* Touching