

Health Education Online Resources

Open source online tutorials

Interactive slideshows designed to educate patients about diseases and medical procedures.

Medlineplus (NLM) [View Complete list of Interactive Health Tutorials](#)

Diseases and Conditions

- [Diabetes - Introduction](#)
- [Diabetes - Eye Complications](#)
- [Diabetes - Foot Care](#)
- [Diabetes - Meal Planning](#)
- [Erectile Dysfunction](#)
- [Hypertension \(High Blood Pressure\)](#)
- [Hypoglycemia](#)
- [Kidney Failure](#)

Quizzes Designed to test your knowledge about different diseases and health topics

[Health Check Tools](#) *Medlineplus (NLM)*

[Diabetic Eye Disease: How Much Do You Know?](#) (English) *National Eye Institute (NEI)*

[¿Cuánto Sabe Sobre la Enfermedad Diabética del Ojo?: Tome este cuestionario](#) (Spanish)

[Portion Distortion Quiz](#) *National Heart, Lung and Blood Institute (NHLBI)*

Prevention and Wellness Tools

- [Exercising for a Healthy Life](#) *MedlinePlus (NLM)*

Health Education Online Resources

- [Managing Cholesterol](#)
- [Managing Stress](#)
- [Smoking – The Facts](#)

Diabetes Powerpoint

http://www.clevelandclinic.org/health/diabetes_module/dm2.html

Diabetes Overview

<http://www.youtube.com/watch?v=sTgBvJsHcCk>

Hypertension

Essential Hypertension

http://www.nlm.nih.gov/medlineplus/tutorials/hypertension/htm/no_50_no_0.htm