

Ice Breakers (2)

(Print these on cardstock and cut them apart to hand out)

What is your favorite holiday? Why?

Describe your favorite job or project and why.

What is your favorite kind of music?

What is your favorite season of the year? Why?

What do you like best, city life, or country life?

Which singer or band is your favorite?

Who is your favorite actor or actress? Why?

Where is the best place you have ever lived? Why?

Ice Breakers (2)

Tell us something that you have done to help other people. (Or something you want to do)

Describe a happy time with your parents or grandparents.

Describe your best memory of going to school.

Describe how you handle stress in your life.

Describe something that helps you relax (without answering medication or substances like drugs or alcohol).

What good habits have you developed? How did you do that?

Describe your first job. How old were you?

What is your favorite food when you go out to eat?

What do you like about your family?