

Inspirational Music List for Teens

These songs on YouTube.com were chosen by other teens. Listen to them and mark the ones that are helpful to you. Use them as a way of coping.

Dare You to Move by Switchfoot

Breathe by He is We

Fix You by Coldplay

Never Let Go by David Chowder Band

There is a Way by Newworldson

Everything by Lifehouse

Behind These Hazel Eyes by Kelly Clarkson

You Are More by Tenth Avenue North

Blackbird by the Beatles

Stand by Rascal Flatts

I Won't Let Go by Rascal Flatts

Beautiful by Christina Aguilera

Anyway by Martina McBride

Skyscraper by Demi Lovato

Safe and Sound by Taylor Swift

A River Flows in You by Yiruma

Vanilla Twilight by Owl City

I Won't Give Up by Jason Mraz

K'Naan Wavin' Flag (Celebration Mix)

Brand New Me by Alicia Keyes

Hall of Fame by The Script