* ***Britney Spears*** *– Returned to successful singing career and regained custody of children after mental illness*
* ***Christopher Reeve*** *– Actor who played Superman became paralyzed, but he continued to be active spokesman for research*
* ***Helen Keller*** *– Was blind and deaf from birth, but had remarkable resilience in learning how to communicate and live with passion*
* ***Betty Ford*** *– President Gerald Ford’s wife established a clinic for alcohol treatment after admitting her own substance abuse problem*
* ***Jennifer Hudson*** *–Singer who won American Idol, and was actress in film “Chicago” lost several members of her family by a murder, but was able to go on successfully*
* ***Nelson Mandela*** *– Was jailed for decades in South Africa during apartheid, then later became leader of the country*
* ***Viktor Frankl*** *– A writer, psychiatrist, and Holocaust survivor who found the will to live in the midst of horror by pledging himself to future goals*
* ***Candy Lightner*** *– Founded Mothers Against Drunk Driving after her 13 year old daughter was killed by a drunk driver. The mission gave her the will to go on, and created something positive out of a senseless tragedy*
* ***Lance Armstrong*** *– Won Tour de France bicycle race several times after having prostate cancer*