

Recognizing Mental Illnesses Discussion Worksheet

Case Scenario # _____ Primary Mental Illness _____

Names of Learners in Study Group _____

1. What is the priority of the care to be provided?
2. What patient teaching is needed?
3. What would be the most effective way to promote learning?
4. Include a plan for discharge and what resources you would use.
5. What local resources did you find under www.resourcehouse.org that would be helpful to your patient upon discharge?
6. Write a summary of what your group found to be the added complexities of care planning and discharge planning.

7. What effect do you think mental illness has on compliance with medications and discharge instructions? What concerns do you have about medical follow-up?

8. Mention key people and professionals in the interdisciplinary team that would be involved in discharge planning.

9. Share some of your insights as you planned individualized care for a patient with mental and physical illnesses.

10. Briefly describe a mentally ill patient you knew or know. How successful were they in staying healthy after discharge from the hospital?

11. What role do coping mechanisms play in whether mentally ill patients have a relapse? Describe some ways that the above patients keep maladaptive behaviors under control.