

Pain Scales: Answer Sheet

Practice rating pain, using these scenarios:

A 2 year old patient is resting with a worried look on his face. His legs are pulled tight. He is tense and hesitant to move. He moans occasionally, but is calm when resting or repositioning. After observing for 2-5 minutes, how would you rate his pain on the FLACC scale? What does that pain rating mean?

Face 2 Legs 2 Activity 1 Cry 1 Consolability 0

FLACC total score is 6 . That means Hurts even more on word scale or Moderate pain.

A patient with back pain points to the 3rd picture from the left on the Faces scale.

Pain rating on Faces scale is 4 . On Words scale, that means Hurts a little more , or Moderate pain.

A patient with headache using the Words scale said he has the “worst pain imaginable”. That is 9-10 on Numbers scale or Severe pain.

A patient with shoulder pain points to number 2.

Pain rating on Numbers scale is 2 . That means Hurts a little bit or Mild pain.

An elderly patient with dementia is frowning and looks worried. Her arms and legs are rigid and flexed. She is restless and tense, positioned as if guarding a painful area. She is repeatedly calling out, but is able to be distracted by voice or touch. After observing for 2- 5 minutes, how would you rate her pain on FLACC scale?

Face 2 Legs 2 Activity 1 Cry 2 Consolability 1

FLACC total score 8 On Words scale, that means Hurts a whole lot , or Moderate to Severe pain.