

Response to Pain: Dramatic Role Play

Excitable man and his caregiver:

***Man: (crying out loudly, gesturing and moaning when neighbor helped him put on his hand splint.) I feel terrible! I need another pain pill. I can't stand it!

Caregiver: OK, but what's wrong? Where is the pain?

Man: My hand hurts! My doctor said the splint would help, but it is not getting better soon enough!

Caregiver: Let's put on some music to help us relax. Would you like to use a warm pack on it like the doctor suggested?

Man: Yes, but I want the pain pill, too, so I don't have pain while I get dressed.

Caregiver: OK, I'll get you some water so you can take your pills.

Discussion:

How would you feel if you the man in this situation? The neighbor? Which one of them is right? (They both are.)

Is this how you would like to be treated? Why or why not?